



Hamilton Olympic Club

Registration Information Handbook 2025

Welcome to HOC! The registration process occurs using an online platform (AthleticsReg). During the registration process you will be required to register for an Athletic Ontario Membership, pay a refundable Volunteer Fee, read and acknowledge a variety of waivers, and pay club registration and Athletics Ontario membership fees.

Step 1: Registration

Proceed to HOC Registration Page [Hamilton Olympic Club 2025 | AthleticsReg](#) and click REGISTER NOW.



Athletics Canada is the national sport governing body and Athletics Ontario is the provincial governing body for track and field. Be sure to login with your previously used email. If you do not remember your password, or if you have not set a password on your transferred account, please click the Reset Password link. If you are new to Athletics Canada , click Create an Account.

Registration Options will appear based on personal information (such as age) and season and multiple options can be selected. Some programs may be waitlisted; however, you can join the waitlist and you will receive email confirmation that you have been added to the waitlist. Senior Print/Power registrants must provide additional information, which is reviewed and if approved, you will receive an email confirmation to complete the registration.

HOC Pricing for 2025 is as follows:

Age Group	Season	Cost
Youth Development	Spring/Summer	\$165
	Fall	\$165
Intermediate Groups	Annual	\$550*
	Winter	\$275*
	Spring/Summer	\$275*
	Fall	\$165*
		*Plus \$100 Volunteer Fee
Senior Groups	Annual	\$605*
	Winter	\$305*
	Spring/Summer	\$305*
	Fall	\$195*
		*Plus \$100 Volunteer Fee
Adult	Annual	\$275**
	Seasonal	\$110**
	HOC Alumni Summer Session	\$55**
		**Excludes competitions
Para-Athletes	Any	\$0

The HOC training teams compete in a variety of indoor and outdoor Track and Field, and Cross Country meets for Intermediate and Senior teams only. Competition entry is at the discretion of the coach and must be sanctioned by the club. All Athletes must wear a HOC uniform when competing and singlets can be purchased for **\$55** at the time of registration or during the season.

- HOC pays for all competition entry fees.
- Athletes are responsible for food, accommodation, and travel expenses.
- Travel to provincial or national championships MAY be covered. As well, accommodation for provincial or national championships, when necessary, under club supervision & rules, MAY be covered.
- All athletes must adhere to Covid 19 protocols set out by the competition host.

Step 2: AO Membership

- Athletics Ontario membership options will appear on the next screen based on the registration option selected and the registrant's personal information.
- Athletes can choose a Competitive Athlete (Affiliated with a club) or Recreational Athlete membership. Non-athlete members such as Coaches, Officials and Associates will choose a technical membership option.
- On the next screen, registrants will complete questions as part of their AO membership including:
 - Parent/Guardian Information
 - Additional Information (Athlete Members)
 - Additional Information (Competitive Athletes)
 - Additional Information (Athletics Canada)
- On the next screen Registrants are asked to review the Membership Summary and then Complete membership and return to Registration.

Step 3: Additional Information Power of Attorney and Volunteer Hours

Power of Attorney

Registrants are required to select an option related to Power of Attorney. This limited Power of Attorney (POA) allows coaches to complete meet registrations and waivers for competitive athletes, rather than having athletes and guardians fill out forms for each

meet. For Competitive athletes, completion of the POA is required. Recreational athletes and technical members can select "I do not wish to complete the Power of Attorney form" option.

Volunteer Hours

HOC operates on the generosity of volunteers. As such, we require your support in sharing the load that we keep the costs low and maintain a high level of access to the sport of Track and Field. A \$100 volunteer fee for the year is required for all Intermediate and Senior athletes. This fee can be refunded with proof of volunteering by emailing info@hamiltonolympicclub.ca. Para Athletes are NOT required to pay the volunteer fee.

Registrants are asked to complete these steps and proceed to Cart.

Step 4: Waivers and Agreements

Parents/Legal Guardians must complete the acknowledgement for athletes under age 18 and are asked to provide name, relationship to the registrant (Parent or Legal Guardian) and provide an email address. The following waivers/agreements must be read and acknowledged:

- Athletics Ontario Waiver
- Athletics Ontario Media Consent and Electronic Communication Consent
- Athletics Ontario Anti-Doping Policy
- Athletics Ontario Member Code of Conduct and Rowans Law Concussion Resource

To confirm agreement, the Parent/Legal Guardian will enter their full legal name and click the “I agree to the above” button to proceed.

Step 5: Admin Transaction Check Out

Costs are itemized into Hamilton Olympic Club and Athletics Ontario. Technical members may also see an option for a background check. AthleticsReg also provides an optional upgrade – refundable registration which you can decline.

Should you require a coupon code (e.g., sibling discount, AGM draw) please email the Registrar at info@hamiltonolympicclub.ca who will provide this to you to enter and apply the discount prior to completing the check out.

You will enter your credit card information and will be charged for the total amount. Purchases will be itemized on your credit card statement. You will receive an email confirming registration.

Should you have questions not addressed in this handbook, please contact the appropriate person from the list below.

Registrar	Melanie Kerr	info@hamiltonolympicclub.ca
Youth Development (Grade 2-5)	Nicole Sobolewski	nicoleas7676@gmail.com
Intermediate (Grade 6-8)	Michael Smith	boatsmith27@gmail.com
Senior Power/Sprint (Highschool) Adult Power/Sprint (18+)	Marcello Campanaro	campym19@gmail.com

Senior Throws (Highschool)	Sean Doucette	seanjuan22@hotmail.com
Senior Distance (Highschool)	Mikayla Hewitt	hocdistance@gmail.com
Adult Distance (18+)		