

GOLDEN HORSESHOE ATHLETIC COUNCIL – GHAC – CHAMPIONSHIPS

Mohawk Sports Park
Wednesday, May 21 – Thursday, May 22, 2014

Having a first-round, high school qualifying-for-OFSAA track meet that needs to be held over two days tells you that there were a LOT of competitors. In the midget girls 100m preliminary heats, there were 93 finishers! Making it past the first round was quite an achievement.

HOC athletes fared quite well in most of the events, with only a few not advancing to the south regional meet on May 29 – 30 at St. Marcellinus High School in Mississauga.

The first day was the more difficult of the two, as it started cold and foggy, with an incipient rainfall hovering over the proceedings for most of the morning. Luckily, all went well, weather-wise, on both days – except, of course, for the prevailing wind that no one is able to escape at MSP!

Mikayla Hewitt was the busiest HOC athlete as she placed fifth in the junior girls' 400m, second in the 800m and fourth in the 1500m. This means she will qualify in all her events for next week's meet.

In the midget girls' category, **Molly Giannone** was the gold medal winner in two events: 300m Hurdles and 400m – an interesting and complimentary double, **Alexandra Vacca** placed second in the 800m race, but had the heart-break of coming sixth in the 400m race.

Another heart-break was experienced by coach/athlete, **Kristen Davidson**, who ran two personal bests in the sprint competitions, but missed the senior girls' 100m final by one place, then had to settle for seventh in the 200m dash.

Jamie Swift had an interesting two days. As a sprinter, like Kristen, he had three rounds in each of his races. In the 100m, he slowly (or quickly, depending on your point-of-view), he moved himself from 11th to eighth to fifth place, thus qualifying for the next meet. His progress fell a bit short, though, in the 200m, where he was consistently in eighth place.