

Athletics Ontario
Youth/Senior Results
February 15-16, 2014
York University
(Toronto Track and Field Centre (TTFC))



Personal bests continue to fall for members of the Hamilton Olympic Club as they competed at the Athletics Ontario Youth/Senior Championship Meet on the weekend.

In the youth girls 1500m, both Jasmine Buckridge and Camille Dehghan shattered their previous bests by seven seconds, as Jasmine ran 5:06.23 and Camille came in close behind her at 5:13.97. Jasmine continued on her assault of her PBs s she ran 2:27.15 in the 800m, with Chloe Hewitt hot on her heels in a seasonal best of 2:27.92. Jenna Smith ran to an eight place finish in the 200m, setting her PB of 26.66sec, while coming ninth in tleh 400m with a clocking of 60.68sec. However, the silver girl of the day, with two personal bests to make her medals shine even brighter, was Brittany Stenekes. In the long jump she soared 5.23m, while in the 60mHurdles she raced her way to a 8.94sec finish. The busiest athlete of the weekend was Marissa DuBois who ran seasonal bests in the 60m dash (8.48sec) and 200m (28.18sec), then placed ninth in the long jump with her 4.57m leap. In the throws events, Savannah Laroche placed sixth in the shot put (10.74m) and fourth in the weight (13.52m).

The youth boys division also saw its share of personal best performances as **Brent Smyth** came eighth in the 400m with his time of 54.68sec, then improved his time, in the 800m, to 2:07.21.

Once more, a personal best came in the sprints, as **Q Jarrett** improved his own record to 24.54 sec in the senior men's 200m dash. Alyssa DiCesare took fifth place in the weight throw with 11.04m, while putting the shot 11.00m for sixth.



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Youth Girls 60m				
15	Brooke Bottos	8.33sec		
17	Marissa DuBois	8.48sec	seasonal best	
200m				
8	Jenna Smith	26.66sec	personal best	
23	Monica Binotto	27.70 sec		
25	Brooke Bottos	27.78sec		
28	Marissa DuBois	28.18 sec		
48	Tara Williams	30.41 sec	personal best	
400m				
9	Jenna Smith	60.68sec		
25	Chloe Hewitt	63.52sec		
32	Mikayla Hewitt	65.02sec		
800m				
15	Jasmine Buckridge	2:27.15	personal best	
18	Chloe Hewitt	2:27.92	seasonal best	
23	Mikayla Hewitt	2:30.66	personal best	
25	Camille Dehghan	2:31.67		
31	Meaghan Boatsmith	2:38.71	personal best	
1500m				
14	Jasmine Buckridge	5:06.23	previous indoor PB 2:13.23	
18	Camille Dehghan	5:13.97	previous indoor PB 2:20.84	
60m Hurdles				
2	Brittany Stenekes	8.94sec	personal best SILVER MEDAL	
Long Jump				
2	Brittany Stenekes	5.23m	equals personal best SILVER MEDAL	
9	Marissa DuBois	4.57m		
Shot Put (3kg)				
6	Savannah Laroche	10.74m		
Weight Throw (16lb)				
4	Savannah Laroche	13.52m		



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YOUTH BOYS

Nathan KennedyJack Mosquite8.04sec

200m

33 Jack Mosquite 26.56sec

400m

8 Brent Smyth 54.68sec 2013- 956.57sec / 2014 – 54.96sec

800m

12 Brent Smyth 2:07.21 personal best

SENIOR WOMEN

Shot Put (4kg)

6 Alyssa DiCesare 11.00m

Weight Throw (20lb)

5 Alyssa DiCesare 11.04m

SENIOR MEN

60m

18 Q Jarrett 7.37sec

200m

7 Q Jarrett 24.54sec personal best