

Savannah got a **BRONZE MEDAL** in the U16shot put with a heave of 11.50m -- just off her PB. She was only 15cm from getting silver!

Eli came **FOURTH** in the U18discus with a **PB** of 47.77 m. He was only 15cm from getting bronze!

On Saturday, August 18

Savannah came **10th** in the U16discus with a **PB** of 28.72m.

Eli got the **GOLD MEDAL** in the U18shot put with his 16.99m effort -- a HUGE **PB** for him

Eli came **11th** in the U18javelin throw with a spiralling 47.16m -- a bit off his PB, but this has not been a good event for him this year.

On Sunday, August 19

Savannah came **sixth** in the U16hammer throw with a 41.34m result -- slightly off her PB. As it was, she would have had to get another PB in order to reach the bronze medal position or even fourth place. It was a very tight and very talented group of young women in this event!

I think we can be very proud of our two athletes -- one competing for the Club, the other on the Legion Ontario team. They have certainly shown well, with two PBs for Eli and one for Savannah. Congratulations, coach, for the super job that you have done for these youngsters over the past year.